

understanding **CEA's**

CEA BELIEFS & RESPONSE

to identified challenges

CEA has found ways to protect and nurture the self-esteem and ethnic identity of Black children and youths while simultaneously improving their abilities to reason, listen, be attentive, build high aspirations, and advance language, creativity, and problem-solving skills and also instituting a cultural context that is consistent with their legacy and genesis in America.

- Design and facilitate culturally responsive and proficient services that provide protective factors in high-risk African American populations
- Possess the capacity to engage with the most difficult-to-reach residents and provide them with interventions that get to the core of their suffering
- Our staff members are also trained to know how to walk the tight rope between being progressive and liberating and making issues more palatable to those with resources and administrative designation
- We see no class difference between the staff and clients' family members
- Ensure the client feels safe in dealing with his or her issues and informs the clients that it is okay for them to readily express their feelings

AFROCENTRIC PARADIGM

DEFINITION



The Afrocentric Paradigm is focused on the process of viewing African and African American people as doers, builders, and subjects in their own rights and not victims on the fringes of the history of others.

CEA understands the need to make available Afrocentric programs and services to individuals by encouraging optimal thinking and transformation, advocating for political, economic, and social justice, building on and being driven by the community's strengths, developing "authentic" trusting human services relationships, and fostering mutually beneficial outcomes to the individual, family, community, and society.

VISUAL DEPICTION



IDENTIFIED CHALLENGES

to survival and quality of life

Centuries of racism, prejudice, and marginalization

Posttraumatic slavery syndrome (PTSS)

Posttraumatic stress disorder (PTSD)

Serious mental health conditions such as:

- Self-hatred & self-alienation
- Identity confusion
- Collective amnesia
- Personality disorder
- Family dysfunction
- Over-preoccupation with materialism and flesh sensation
- Consumer mentality
- Neurotic fear syndrome in standing up for one's rights and cognitive dissonance
- Conceptual incarceration

CEA AFROCENTRIC PARADIGM

An empowerment approach that recaptures the resiliency of families by equipping them with the necessary tools to move towards self-determination, self-sufficiency and stability.

