



Community Empowerment Association, Inc.

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## **JOB ANNOUNCEMENT**

**Title:** Mobile Therapist  
**Area:** Therapeutic Support  
**Status:** Hourly per schedule  
**Submit resume to:** [adevan@ceapittsburgh.org](mailto:adevan@ceapittsburgh.org)

### **Job Summary**

The Mobile Therapist is responsible for providing child-centered, family-focused, individualized psychotherapy and behavior management, utilizing a strengths based approach, provided in the child's home, school or elsewhere in the child's community as prescribed by the written treatment plan.

The Mobile Therapist is also responsible for adhering to the goal of the project which is to empower and enhance community and social functioning of members of the African American community who are underserved and hesitant to engage in traditional mental health treatment services by providing (1) culturally specific, accessible community based and in-home evaluation and treatment, and (2) assistance to clients, building/strengthening community supports through referral and linkages to family, significant others, community resources, faith-based organizations, etc.

### **Essential Functions of the Position**

Services provided by a mobile therapist vary according to the individualized needs of a child and family. Essential functions include the following:

- Assessment of strengths and therapeutic needs of child and family.
- Active listening, asking questions, and exchanging information with child and family. These are critical elements of assessment and treatment.
- Inclusion of the child as a participant in his/her own treatment.
- Inclusion of parents or other caretakers as members of the treatment team and as partners in treatment. Such inclusion requires that the family actively participate, in an ongoing manner, in the formulation, development, implementation, and monitoring of treatment efforts. Such participation presumes the family's broad knowledge about the child and the family's intention to contribute constructively to positive outcomes. Parental participation in the ISPT, Treatment Plan development/reviews, and Individual Education Plans (IEP's) is essential, and should be supported by the mobile therapist. However, family participation should occur throughout treatment, not just at the time of formal reviews.
- Determination, with the family and the case manager, of any necessary family support services. Development, with the case manager and other involved professionals, of a plan to obtain these identified services.

- Provision of child-centered, family-focused, individual and family psychotherapy, as agreed upon by therapist and family. It is expected that the mobile therapist, in addressing defined problems, will utilize a strengths-based approach. Specific formats for individual and family therapy will vary according to the individualized needs of the child and may include, in the home or community setting, sessions with:
  - a. the child individually,
  - b. the entire nuclear family,
  - c. the family and a community resource – minister, Scoutmaster, community leader, mentor, other;
  - d. the family and teacher, guidance counselor, or principal;
  - e. subsystems of any of the above as clinically indicated and agreed upon.
- Provision of collateral therapy to other members in the home. Collateral therapy is therapy, which is related to the primary consumer.
- Determination, in conjunction with child and family and other involved professionals, of the clinical need for special evaluations and services, such as medication assessment by a psychiatrist, psychological testing, or other.
- Collaboration with the child, family and other involved professionals to develop daily routines during times of crisis and transition and a 24-hour crisis plan.
- Collaboration with other involved professionals and agencies in order to provide unified services and continuity of care to child and family.
- Any additional MT responsibilities as defined in the child’s treatment plan and authorized by the MCO and CEA.
- Complete clinical documentation in compliance with Federal, State, County, & Organizational policies and procedures.
- Manage schedule to achieve and maintain established productivity standards.
- Practice service excellence skills in regard to customer service at all times.
- Adhere to all CEA policies and procedures

### **Job Expectations**

- Knowledge of the needs of youth with serious emotional disturbances and their families
- Ability to work effectively with groups of children, adolescents, and families
- Ability to operate in a multidisciplinary team atmosphere
- Knowledge of current treatment techniques of various targeted populations
- Demonstrated sensitivity to cultural and systemic issues facing CEA’s target population
- Willingness to schedule evening hours to comply with treatment plan requirements for clients
- Willingness to travel on behalf of agency business and use personal vehicle as necessary
- Willingness to travel and work in client’s home, community and school setting

### **Requirements**

- An individual with a graduate mental health degree and at least 1-3 years experience in or employed by a licensed mental health services agency or subcontracted agency; and must have at least 9 credits in direct practice training
- All MTs must have Act 33/34 clearances prior to the start of services, and must complete child abuse reporting training, in addition to obtaining FBI clearances.
- Valid Driver’s license with a good driving record